

HOMELESS CARE KITS

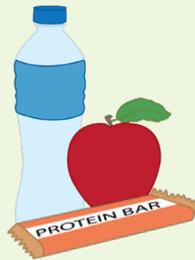
Care kits are a great way to show someone who is homeless that they matter. Simply pack them, keep in your car, and hand them out when opportunities arise.

5 ideas for things to include:

1. Water & Snacks

Here is a list of snacks that are great to include.

- Bottled water
- Nuts
- Granola bars
- Fruit
- Crackers
- Fruit snacks
- Trail mix



2. Weather Protection

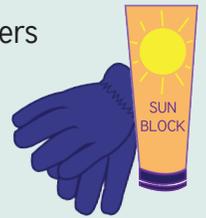
Living outside in the heat and the cold has unique challenges. Consider including seasonal items and switching them out as the seasons change.

Summer

- Sunscreen
- Visor or hat
- Extra water

Winter

- Hand warmers
- Gloves
- Knit hat
- Scarf



3. New Socks

Washing clothes is often difficult for homeless people. Many homeless people also spend a lot of time on their feet, and walk almost everywhere. New, thick, quality pairs of socks will bring sweet relief to tired feet.



4. Meal Tickets

All Boise Rescue Mission Ministries' facilities offer warm, nutritious meals, shelter, clothes, and other valuable services to help get people back on their feet. Including our meal tickets will give people the information they need to find help. These are available to download on our website: BoiseRM.org/media/resources/



5. Hygiene Items

Here is a list of great hygiene items to consider. Please avoid items that contain alcohol.

- Deodorant
- Small shampoos
- Body wipes
- Comb or brush
- First aid kit
- Razor & shaving cream
- Toothbrush & toothpaste
- Tampons
- Chapstick
- Soap



Tips & Tricks

- Putting the care kit items in zip-lock bags will help keep items together and dry.
- Include a handwritten note or Bible verse to let people know they are not alone.
- Offer encouraging words and a smile.
- Offer to pray with them and remember them in your prayers.



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